



What is Raindrop Technique?

Raindrop Technique was developed in the 1980s by D. Gary Young, N.D. and was based on his research with the Lakota Indians. This treatment uses therapeutic grade essential oils to support your body's systems.

The oils are applied like little drops of rain along the spine from a height of about six inches and are then gently manipulated along the vertebrae and back muscles. The application takes approximately an hour and the effects continue to be felt by the body for up to a week following treatment.

Many clients experience the following:

- Deep relaxation
- Increased energy
- Enhanced Immunity
- Enhanced detoxification
- Relief of many aches & pains
- Renewed flexibility
- Postural alignment
- Sense of peacefulness
- Feelings of well being



Why Raindrop?

We all carry immune system depleting viruses and bacteria. Essential Oils applied along the back are absorbed through the skin and in a matter of minutes through each cell of the body. Wonderfully soothing, nurturing and relaxing, the Raindrop Technique can work its benefits in immediate and profound ways.

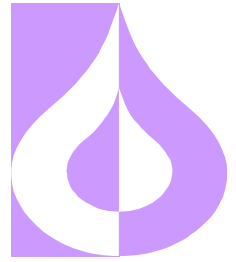


Ancient Wisdom / Modern Solutions

From our earliest days on earth, people used fragrant plants to heal, uplift, anoint and empower their lives. These plants were sought after by people the world over.

Essential Oils are the "life blood of the plant." Their function in nature is to keep plants healthy, free of infection and to repel harmful insects. They affect us the very same way, influencing our immune system, internal organs, our skin and our emotions. Modern research is now verifying their therapeutic value.

How Do I Prepare for A Session?



Please wear or bring clothing that is machine washable as some residual oils may absorb into your clothing after the session.

Plan on drinking two or three glasses of pure water after your Raindrop session. The essential oils bring nutrition into your cells and may cause your tissues to release toxins into your blood stream, lymphatic system and skin. The water will facilitate the detoxification process.

Schedule a time for your appointment so you can relax afterwards.

Judy Naturale

Certified Clinical Aromatherapist

Certified Massage Practitioner

With 35 years in the natural health field, Judy brings respect, gentleness, compassion, experience and integrity to her work. She offers a safe nurturing environment for a healing and transformational experience.

*Your Body
Your Mind
Your Well Being*

Using the Power of
Therapeutic Grade
Essential Oils we can:

- Build Immunity
- Increase Longevity
- Enhance Mental Performance
- Put the power of well-being back into our own hands
- Provide life-changing natural alternatives to chemically based products
- Re-connect with nature's holistic design for wellness

Essential Oils affect us physically through their natural chemistry, and can change our feelings and thoughts in an instant through their subtle energies and frequencies.

The effects of essential oils are dependent entirely upon their purity and their quality.

That's why Judy uses and suggests only ...



Call to schedule an appointment:

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Ask about:

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Raindrop



Technique

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Essential Oils**

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